Chores by Age

Easy job ideas for every age, from toddlers to teens.

These are ideas, not rules. Every child is different, so pick jobs your child can do safely, show them how the first time, and praise the effort.

Ages 2 to 3

- [ ] Put toys in the toy box
- [ ] Put dirty clothes in the basket
- [ ] Wipe up small spills
- [ ] Help feed the pet
- [ ] Carry their plate to the sink

My idea: _____

Ages 4 to 5

- [ ] Make the bed (with help)
- [ ] Set out plates and spoons
- [ ] Water the plants
- [ ] Match socks from the wash
- [ ] Help put away the shopping

My idea: _____

Ages 6 to 7

- [ ] Make the bed
- [ ] Clear the table after meals
- [ ] Sort the recycling
- [ ] Pack the school bag
- [ ] Feed the pet

My idea: _____

Ages 8 to 9

- [ ] Fold and put away clothes
- [ ] Sweep the floor
- [ ] Empty the small bins
- [ ] Help make a simple snack
- [ ] Help hang out the washing

My idea: _____

Ages 10 to 12

- [ ] Vacuum a room
- [ ] Load or empty the dishwasher
- [ ] Help cook a meal
- [ ] Change the bed sheets
- [ ] Take out the rubbish

My idea: _____

Teens

- [ ] Do their own laundry
- [ ] Clean the bathroom
- [ ] Plan and cook a family meal
- [ ] Help with the shopping list
- [ ] Wash the car

My idea: _____