



Daily Schedule

TIME	ACTIVITY	NOTE
7:00 - 8:00	Wake up	Get dressed and eat breakfast with mom & Dad
8:00 - 9:00	Play	Play with my favourite toys or go for a walk or cycling
9:00 - 10:00	Math Practice	Study Math and solve problems
10:00 - 11:00	Snack time	Eat snacks and do what I want to do (Creative activities)
11:00 - 12:00	Nap time	Take a nap or rest
12:00 - 1:00	Read Books	Read books or study English
1:00 - 2:00	Eat Lunch with family	Talk with family about my day. Have fun with them and eat lunch
2:00 - 3:00	Study Science and other subjects	Study
3:00 - 4:00	Nap time	Take a nap
4:00 - 5:00	Attend Lessons	Attend swimming lessons or gymnastics class
5:00 - 7:00	Play with dad & Eat Dinner	Play puzzles and spend time with dad and eat dinner and watch tv
7:00 - 8:30	Read books and go to bed	Take bath. Read my favourite books. Go to bed